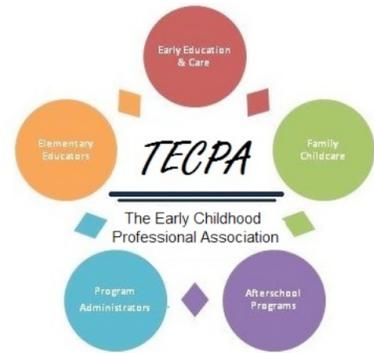


Join us for our next TECPA Program



Growing a Child: *The importance of nature-based play in early childhood*

Presented by Nicole Urmston, M.Ed.

While most early childcare settings recognize the importance of getting children outside, all outdoor experiences are not created equal. Studies show that children’s ability to interact with nature improves their physical health, mental health, social interactions, and academic success. But while science is affirming the importance of nature in child development, children are experiencing it less and less. As a society we have grown more risk averse and impose restrictions and regulations on how children can play, stifling their imagination and creativity. The early childhood years are foundational and, as early childhood educators, we owe it to the children in our care to provide them with the access to nature that they deserve. This training will explore the benefits of nature-based learning and play for children and how you can bring it into your classroom, both easily and inexpensively!

Nicole Urmston is a Preschool Lead Teacher with ten years of experience in the early childhood field. She has a Master’s degree in education and grew up loving nature and the outdoors. She has helped create nature-based play areas at her school and overseen a large expansion of the school’s gardens. She can often be found looking under logs for bugs, picking herbs in the garden, and soaking up the sun! We’re excited to have Nicole share her passion with us!

When: Tuesday, May 24, 2022
Where: Via Zoom, login credentials shared after registration
Time: 6:30-8:30 p.m. program
Cost: \$25.00 per person

EEC Core Competency – Area 5: Learning Environments and Implementing Curriculum

Instructional Method: Lecture and Discussion

Space is limited. Registration is available online at www.tecpa.org
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The Early Childhood Professional Association

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