

TECPA (THE EARLY CHILDHOOD PROFESSIONAL ASSOCIATION) PRESENTS

# Early Childhood Development: *A Conversation with Occupational Therapists*

Presented by:

**Liz Haggerty, MSOT, OTR**  
**Arielle Simons, MSOT, OTR**

Two staff Occupational Therapists from Boston Ability Center in Natick will first provide an overview of neurodiversity affirming care and current best practices, then guide you through gross motor and fine motor milestones, indicators for an OT referral, and strategies, tips and tricks you can use in the classroom. We'll take a look at a few real-life activities as examples of both topic areas and give you a chance to ask questions.



Liz graduated with a Master of Science in Occupational Therapy from Sacred Heart University. She earned her bachelor's degree in health science with a minor in Psychology. She has been passionate about working with children since she was 16 years old and continues to work with children to be able to increase independence in their day to day lives. Liz has prior experience working at a pediatric outpatient clinic and early intervention services working with variety of children with feeding challenges, fine motor development, sensory processing, executive functioning, behavioral concerns, and developmental and neurological delays. She has specialized training in SOS Approach to Feeding, ARFID: The Anxious Eater, Managing ADHD Across the Lifespan, and DIRFloortime.



Arielle is passionate about working with children and their families to promote participation in meaningful activities. She brings her expertise as an Experienced Registered Yoga Teacher and certified Flow & Grow Kids Yoga Teacher to all aspects of her work. Arielle has additional training in teaching yoga to improve sensory modulation, self-regulation and motor skills in kids with Autism, ADHD, Developmental Disorders, Down Syndrome and Cerebral Palsy. She created and teaches Boston Ability Center yoga programs that incorporate wellness and mindful movement to help children and families achieve their goals. Prior to BAC, Arielle worked as a Fieldwork student at Boston Children's Hospital providing OT to children on acute inpatient floors, as a Registered Behavior Technician providing ABA services to children 1-18 years old with Autism and related diagnoses, and as a full-time yoga instructor. Arielle completed her Master's degree in Occupational Therapy at Tufts University.

**When:** Wednesday, February 28, 2024  
**Where:** Via Zoom, login credentials shared after registration  
**Time:** 6:30-8:30 p.m. program EST (Eastern Standard Time)  
**Cost:** \$30.00 per person

EEC Core Competency – Area 1: Understanding the Growth & Development of Children & Youth

Space is limited. Registration is available online at [www.tecpa.org](http://www.tecpa.org)

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**All program registrations are final, no refunds will be issued.  
and program fees may not be traded from one program to another.**

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